

volcanic laze, sustained when the victims were exposed to the plume near the ocean entry.

This incident highlights a potential hazard when entering areas of volcanic activity. What makes this a case of interest, however, is that it was the first known incident of its nature in Hawaii and that it specifically highlights a potential global hazard present in locations where lava enters ocean waters. Conditions near the ocean entry typically involve exposure to volcanic laze, a dense hydrochloric acid (HCl) mist that is formed when hot lava enters the ocean.<sup>1-3</sup> This laze is often mistakenly referred to as a steam plume. Heat from the lava entering the ocean rapidly boils and vaporizes seawater, producing a large white plume. This plume contains a mixture of HCl and concentrated seawater that is a brine with a salinity about 2.3 times that of seawater and a pH of 1.5 to 2.0.<sup>4</sup> Moreover, dense laze plumes are known to contain as much as 10 to 15 ppm of HCl.<sup>4</sup> The density of the plume decreases as it moves away from the ocean entry, but acid rain commonly precipitates on individuals and land near the plume's proximity.<sup>4</sup> Hence, following the inhalation of the laze, the bodies of the victims were exposed to extreme heat and acidic conditions during the maximum 48 hours they were at the ocean entry.

In addition to the loss of life, the final cost of this incident included \$3025 for aircraft assistance and \$9507 for personnel costs. Volcanic hazards at the Eruption Site and in the vicinity of the ocean entry are not always recognized, and access to the area is not restricted. However, warning signs and safety messages should be strongly heeded by all visitors.

Travis W. Heggie, PhD  
Tracey M. Heggie, MS  
*University of North Dakota  
Recreation and Tourism Studies Program  
Grand Forks, ND, USA*

Tanner J. Heggie  
*University of Lethbridge  
Department of Physics  
Lethbridge, Alberta, Canada*

## References

1. Hansell A, Oppenheimer C. Health hazards from volcanic gases: a systematic literature review. *Arch Environ Health*. 2004;59:628-639.
2. Hansell AL, Horwell CJ, Oppenheimer C. The health hazards of volcanoes and geothermal areas. *Occup Environ Med*. 2006;63:149-156.
3. Stephenson R, Burr G, Kawamoto M, Hills B. Exposures

to volcanic emissions from the Hawaiian Volcanoes: a NIOSH health hazard evaluation. *Appl Occup Environ Hyg*. 1991;6:408-410.

4. United States Geological Survey (USGS) Volcano Hazards Program. When lava meets the sea: lava haze or laze air pollution. Available at: <http://volcanoes.usgs.gov/Hazards/What/VolGas/Laze.html>. Accessed August 5, 2008.

## Frostbite Injury Related to Chloroethane Application

*To the Editor:*

Cryotherapy is commonly used in sports medicine to reduce the pain of acute injuries. Ice packs, cryomassage, ice bath immersion, contrast baths, and vapor coolant sprays are various methods of performing cryotherapy. Vapor coolant sprays used for cryotherapy usually contain propane, butane, or chloroethane [ethyl chloride, C<sub>2</sub>H<sub>5</sub>Cl]. Chloroethane drops the skin temperature from 33°C to less than 10°C within 10 seconds after application.<sup>1</sup> For this reason, cooling the skin area by spraying closely for a prolonged time can cause frostbite injury. Chloroethane is used rarely in health care facilities, given the availability of topical anesthetic gels. However, it is popular in sports medicine and prehospital areas and might be included in some wilderness first aid kits.

Cold injuries may be seen with the improper use of both cold packs and vapor coolant sprays. Nevertheless, complications such as sensations of pressure, burning, and pain; alteration of pigmentation; corneal damage; dermatitis and skin irritation (especially after chronic exposure); and frostbite and necrosis due to prolonged application may rarely occur.<sup>2</sup>

Frostbite injury is considered a potential complication of improper topical application of chloroethane and has been described as a complication of other topical coolants/anesthetics.<sup>3,4</sup> Nevertheless, no case reports describe frostbite injury due to chloroethane application. Here we describe a case of frostbite due to improper application of chloroethane vapor coolant spray. A 19-year-old male patient presented to our emergency department complaining of blistered lesions on his right calf. The previous day he experienced pain in his right calf while running, and he applied vapor coolant spray (Chloroethyl spray, Adroka AG, Allschwil, Switzerland) to the injured area for 20 to 30 seconds. The application of chloroethane was from approximately 15 to 20 cm above the skin. Twenty-four hours later he developed blisters on his calf at the site of application. He denied having exposed the area to any heat source. Physical examination revealed noninfected blisters accompanied by erythematous skin in an area 8 cm × 15 cm on his



**Figure.** Second-degree frostbite injury caused by chlorethane application spray on the right calf of the patient.

calf (Figure) felt to be consistent with superficial frostbite. Management included aspiration of the blisters and application of bacitracin antibiotic ointment. He followed a course of regular dressing changes, and the lesions healed without complication over 14 days. On telephone follow up 6 months later, the patient complained of black pigmentation at the injured area.

There are occasional case reports in the literature of toxic dermatologic effects of propane and butane.<sup>3,4</sup> Lacour et al<sup>3</sup> reported a case of deep frostbite in an 8.5-year-old child after the improper use of a toilet air freshener containing propane and butane. The injury was so severe that a skin graft was ultimately required.

Management of blisters associated with frostbite is somewhat controversial. Current approaches include leaving blisters intact, simple aspiration, and debridement. Hemorrhagic blisters should not be debrided, because this often results in tissue desiccation and worsened outcomes.<sup>5</sup> Aspiration for hemorrhagic blisters is

also controversial. Topical antibiotics, such as bacitracin, are standard therapy for these injuries. However, systemic antibiotics should not be used unless there is evidence of superinfection of the injured tissue (eg, surrounding cellulitis). Although the evidence supporting its use is scant, aloe vera cream may be helpful in the treatment of frostbite blisters given its anti-inflammatory effects through inhibition of the arachidonic acid cascade.<sup>6</sup>

This case illustrates the importance of using care in applying cryotherapy, including topical application of vapor coolant sprays, to areas of injury in order to avoid inducing a cold injury.

Secgin Soyuncu, MD

Ozlem Yigit, MD

Center Eken, MD

Akdeniz University School of Medicine  
Antalya, Turkey

#### Acknowledgment

This letter was supported by the Akdeniz University Foundation.

#### References

1. Kunesch E, Schmidt R, Nordin M, et al. Peripheral neural correlates of cutaneous anaesthesia induced by skin cooling in man. *Acta Physiol Scand.* 1987;129:247-257.
2. Van Ketel WG. Allergic contact dermatitis from propellants in deodorant sprays in combination with allergy to ethyl chloride. *Contact Dermatitis.* 1976;2:115-119.
3. Lacour M, Le Coultre C. Spray-induced frostbite in a child: a new hazard with novel aerosol propellants. *Pediatr Dermatol.* 1991;8:207-209.
4. VanGelder CM, Sheridan RL. Freezing soft tissue injury from propane gas. *J Trauma.* 1999;46:355-356.
5. Reamy BV. Frostbite: review and current concepts. *J Am Board Fam Pract.* 1998;11:34-40.
6. Raine TJ, London MD, Goluch L. Antiprostaglandins and antithromboxanes for treatment of frostbite. *Surg Forum.* 1980;31:557-559.